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## What Factors Affect Disturbed Eating Attitudes and Behaviors In Korean Adolescents?

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**T**his study evaluated the prevalence of high risk for disturbed eating attitudes and behaviors and its correlates in children and adolescents. In a school-based cross-sectional survey, a total of 2264 adolescents were recruited. They filled out self-completing questionnaires on eating attitudes and behaviors (Eating Attitude Test -26, EAT-26) and related factors (sex, age, actual body weight status, and psychopathologic symptoms). A total of 5.7% (n=130) adolescents were involved in high risk for disturbed eating attitudes and behaviors (EAT-26 scores  $\geq 20$ ). There were no differences in prevalence of disturbed eating attitudes and behaviors between boys (5.8%) and girls (5.6%). Disturbed eating attitudes and behaviors were associated with depression, body image distortion, and body dissatisfaction. In Korean adolescents, disturbed eating attitudes and behaviors were associated with various types of psychopathologic symptoms. Further research is needed to further evaluate psychological risk factors for develop high risk for eating disorders and obesity.